

Athletics

By Devanshi

The pain, like a hundred rocks striking me, as my foot pushes off,
The feeling of wanting to break down, and lie on the comforting grass urges me as I sprint,

But something from inside tells me that I can do it.

My foot steps closer to the finish line, and the pain vanishes.

The finish line, a gold rope, one goal.

Gathering my strength, building might,

Collapsing, like an unsupported puppet, on the finish line.

All that sprinting and giant hurdles,

My heart beats much more than a turtle's.

High jump, makes me want to be able to fly,

Over the bar, like a butterfly.

Long jump is the easiest,

Jump one time, and then a big rest.

Athletics

The pain came to my legs as I sprinted off into the muddy grass.
I stayed in my lane, until the golden finish line caught my sight.

I felt a sigh of relief as I finished the race.

Quietly, I took a rest for the next activity to come.

And with a swing of the bell excitedly we marched to softball throw.

I swung my arm far to throw the softball into the sky.

With dismay, it land in the mushy grass,

As I went to get the ball I carried my weight and decided to come back stronger than ever.

Next we walked to the High Jump and listened to Miss Smite as she encouraged everyone.

One by one everyone was giving it a go.

I ran and did a scissor cut and landed softly on the blue platform,

I love high jump.

When the bell went, we got ready for...

Long jump. I ran and swung my legs out to land on the soft sand. 12th place is what I came

And though the morning tea bell went. I watched as people ran and threw and jumped and landed.

I thought how wonderful Athletics is! And off I went . By Hanaia

Athletics

Trying our best

Contest fun

Run throw play

Tiring day

Long jump

One big jump

Then it's done

Sprints

My heart pounds

As my feet hits the ground

Throwing

As I release the throw

I wonder how far it will go

High jump

As I jump to the sky

I feel like I'm gonna fly

By James Room 13

Athletics

What is athletics?

Is it a game of skill?

Or just a stroke of luck?

Is sport just a field and some balls?

Or is it about everyone trying their best?

I do not know what others think

But, in my opinion, it's about giving it your best.

Keeping our bodies fit and our minds at rest.

Everyone is resilient and being the best they can be.

Giving it all they have

Showing true sportsmanship.

By Tevita Room 13

Athletics day

**I remember our schools athletics day
When we all went out to race**

**I remember running the sprints
And coming 3rd place**

**I remember someone calling next race is starting soon
so get ready to zoom**

**I remember taking two big leaps
and throwing a green and yellow ball**

**I remember running super fast
Then jumping over a black bar**

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